

Aprylle Gilbert's Coast to Coast Run in Support of Disadvantaged Kids

Slowed by serious illness, Gilbert runs from New York into Connecticut today!

With less than 260 miles remaining in her Charity Run for Kids, San Francisco Bay area singer/songwriter Aprylle Gilbert reaches Connecticut on Route 6

Press Release: Sept 6, 2015

New York - Connecticut Border: If you are searching for a shining example of determination, look to Gilbert for inspiration. Three days after coming down with a life-threatening illness that would have landed most people in the hospital, Gilbert was seen on Route 6 headed for the Pennsylvania border. Her three days of recovery time were the first "rest days" she has taken in more than 3,500 miles.

At only 78 miles, Route 6 through New York to Connecticut is shorter than in most states but it took Gilbert three and half days to reach it because her illness forced her to run slower than her average distance of 30-40 miles per day while she fought to get her strength back.

Even at this reduced speed, Gilbert will reach Provincetown, MA (the eastern end of Route 6) in less than 2 weeks. When she does, she will have run nearly 4,000 miles from her front door in San Jose, CA and will be the first person to run the 3,652 miles of Historic Route 6 from Long Beach CA to Provincetown MA.

Gilbert is an extreme-distance runner, musician, author, and gifted photographer (just look at the photos on her FB page). Her coast-to-coast charity run is in support of Washington United Youth Center in Santa Clara County, CA, a non-profit organization providing after-school programs for underserved kids.

Support the cause. See what's happening. Join the conversation.



Aprylle on Facebook: [Aprylle Gilbert Facebook Page](#)



Aprylle on Twitter: <https://twitter.com/AprylleGilbert>



Washington United Youth Center: Donations can be made through [CoastToCoastForKids fundraiser at Crowdrise](#) and www.route6tour.com



Route 6 Tourist Association: Donations can be made at www.route6tour.com

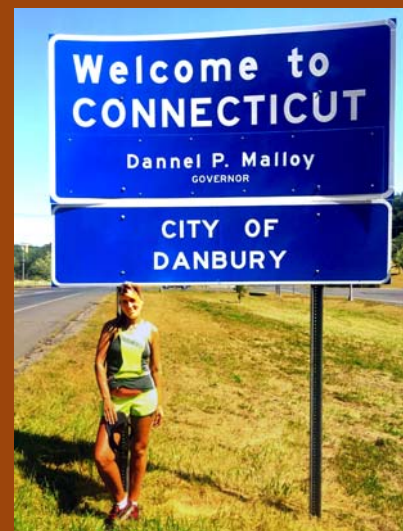
This event is made possible by the encouragement, coordination, and sponsorship of the U.S. Route 6 Tourist Association. Russell Lombard, Founder/President & CEO of the Route 6 Tourist Association, Roger Bratt, Route 6 Director of National Program Development, and the many Route 6 state coordinators have gone to extraordinary lengths to assist Gilbert in her historical journey with logistical and networking support and opportunities to share her passion for her cause with numerous audiences.

Gilbert wishes to extend a special thank you to Mizuno USA for their gift of shoes and to uncounted companies, organizations, hotels, restaurants, and individuals who have contributed to her charity and have welcomed her with meals, lodging, and other support across the country. Their generosity continues to inspire her as she winds down her grueling journey.

HIGHLIGHTS



With the strain of her recent illness still etched on her face, Gilbert reaches the Pennsylvania - New York Border on Sept 2, 2015



Gilbert at the New York - Connecticut Border on Sept 6



Join Gilbert by becoming a member of U.S. Route 6 Tourist Association, A not-for-profit IRS 501 (c) (3) "Public Charity" Fed. ID #: 91-2136205.